

Taking a Trauma informed Approach when working with women with complex and multiple needs.

We are delivering a two-part training programme which is directed towards professionals working with women who present with multifaceted needs, focusing on the impacts of trauma and how best to support each individual.

The overall aim of the training is to better understand the effects of trauma, share best practice and drive a cultural change within organisations in adapting trauma informed care.

The training is split into two sessions:-

Session 1 focuses on trauma; what trauma is and the causes. It explores the theoretical impacts of trauma on an individual, to aid an understanding of how trauma can present in women with multiple needs.

Session 2 focuses on reflective practice, how our own trauma can impact on our practices as well as secondary trauma and how we can recognise the impact of this on our (professionals) mental wellbeing and behaviours.

Initially launched as a pilot, this on-line training programme has been very well received.

“Thank you. That was incredibly thought provoking”.

The training is now available to other professionals and organisations. Please contact us for more details on 01332 242525